

THE SUHRE SERIES

SUHRE & ASSOCIATES, LLC

HOLIDAY MADNESS

It's said to be one of the most wonderful times of the year but who else finds it challenging at times to balance work, home and the holiday season? From wrapping up work to wrapping presents a lot has to be done. While we may feel overwhelmed, let's not forget what this time of year is really about.

Instead of trying to keep up, try slowing down and take a moment to ask yourself: How can I enter (and exit) this holiday season joyfully? What do I want to come out of this season with?

It's not about the presents we get or give, the places we'll travel to or the decorations. It's about the relationships we have.

No matter what position you hold at home or at work, choose better ways to spread the holiday cheer and not let your obligations at the office collide. We've compiled some helpful tips to manage the holiday madness.

Manage your calendar. Schedule everything you possibly can in advance. Block time for you, work and home emergencies.

What is priority? Worrying or thinking about what you need to do is doing more damage than getting started. Prioritize your task list and focus.

See the hidden gifts. Did a meeting cancel? No longer have that after work event? Consider it a gift! Take advantage of any free time that comes your way during this busy season, even if it's just a few minutes.

Above all, give thanks. Start and end your day right by giving thanks and taking time to reflect. Express gratitude. Show appreciation.

We aren't experts on how to navigate the busyness that the holiday season brings (and don't claim to be). We hope that you are encouraged by some of the ways you can stop and reflect as we approach the end of 2021. It will all be over before you know it, so let's enjoy it! We wish you a season filled with joy as you close this year and plan for the next.



Q: Will a DUI show on a background check?



A: A DUI conviction will show up on a criminal background check. It is imperative to hire an attorney to defend you when you are charged. In states like Indiana and Kentucky, a DUI conviction is expungable. However, in Ohio, a DUI cannot be expunged. When you're charged with a DUI, you have one shot to defend yourself. Do your research and find the best attorney for you.

Seasons Greetings

S A B A D P R E S E N T S L R
L N N E S M T R S M Y R K L E
B Y O R N E S S A B A R O D I
A H R W A W N G K A G E R Q N
T S A N T A M I K T S D N C D
T L A N S P Z A S Q M E A T E
R G O M U A N A I L A P M P E
H R I L L K M P I N B E E S R
T E O P S T K V I W L A N L E
B E O G S C H A W R C U T C K
U N M I A I N K H E A N S O B
A V R G O B T U P A S H I O R
L H E Y E R Z B Q T A J S K E
C O L D R H J H A H O D S I L
I G A Y J O Y A A L L Y N E G
N E Q R Z B U A L P O O J S R
M H A N S G R Y A V Q T U W E

Christmas | Presents | Ornaments | Snow | Cold | Wreath | Santa | Reindeer
Hanukkah | Red | Green | Peace | Joy | Jolly | Cookies

Suhre Squad Spotlight

This issue we are highlighting Henri Heywood, one of the firm's case managers. She primarily handles Joe Suhre's cases but serves on many other fronts including administrative tasks, phones, filing court documents – the list goes on. A Cincinnati at heart, get to know more about Henri in this month's spotlight.

The Eagles is her favorite artist.
Hotel California is her favorite song.

Henri comes from a family of 11. Growing up she was always encouraged to be a role model.



She received her paralegal certificate from Xavier University.

Her favorite movie is Wedding Crashers.

She once lived in California for many years and loves kicking it at the beach.

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OFFICE LOCATIONS | CINCINNATI, COLUMBUS, DAYTON, AKRON, LOUISVILLE, LEXINGTON, & INDIANAPOLIS

INGREDIENTS

2 cups cranberry cocktail juice
2 cups seltzer
2 tablespoons lime juice
4 lime wedges for garnish
8 frozen raspberries

Optional: Include a splash of your adult beverage of choice.

CRANBERRY & RASPBERRY SPITZER

Combine cranberry juice, seltzer and lime juice in a pitcher.

Divide among 4 glasses of ice then add 2 frozen raspberries to each glass and garnish with lime wedges.

Testimonials

What Our Clients Say

“They were incredibly helpful in my time of need. They walked me through the processes and got me a minimum sentence. Would highly recommend for anyone’s defense needs.”

FORMER CLIENT

“Miranda Holbrook was extremely helpful throughout my case! She answered all of my many questions and made me feel at ease throughout the whole process!”

JACK | FORMER CLIENT



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Trivia Challenge

What snack is traditionally left out for Santa?

A. Brownies B. Cookies C. Carrots D. Pizza

If you answer correctly, you will be entered for a chance to win a \$25 Amazon gift card. Submit your answer to newsletter@suhrelaw.com.